# San Souci Restaurant

# ~ Burgers ~

# San Souci Hamburger

One quarter pound beef patty with lettuce, tomato, pickle, and onion.

### BBQ Bacon Cheeseburger

One quarter pound beef patty with bacon, american cheese and BBQ sauce, lettuce, tomato, pickle and onion.

### Swiss Mushroom Burger

One quarter pound beef patty with sauteed mushrooms and swiss cheese, mayo, lettuce, tomato, pickle and onion.

# Surf Burger

A seafood patty with whitefish, shrimp and clams breaded and fried with tartar sauce, lettuce, tomato, and pickle.

# ~ Sandwiches ~

### Meatloaf Sandwich

Lightly seasoned slice of meatloaf topped with meatloaf sauce, pickles and a golden fried onion ring.  $_{\text{NP}}$ 

## Turkey Bacon Melt

Sliced turkey, crispy bacon, swiss cheese and tomato with ranch dressing, grilled on your choice of white or wheat bread.

### Pork Tenderloin

Breaded and fried with lettuce, tomato, pickle, and onion.

All Burgers and Sandwiches are served with one side and the vegetable of the day.

# ~ Tacos ~

### Chorizo Tacos

Full-flavored Mexican sausage on two corn tortillas with onion, cilantro and cheese, topped with a lime crema. Served with Mexican rice and refried beans. GF\*

# ~ Poultry ~

# Grilled Chicken Parmesan

Tender grilled chicken breast topped with parmesan cheese served over grilled vegetables and marinara sauce and a side of hashbrown potatoes. GF\*

### Chicken Stir Fry

Grilled chicken breast, sliced and fried with a special blend of vegetables and finished with a sweet and tangy sauce. Served over rice. GF\*

# **3** Grilled Chicken

Served plain, covered in BBQ sauce or smothered in sauteed mushrooms and onions with swiss cheese, served with mashed potatoes and grilled vegetables. GF\*

### Chicken Tenders

Lightly breaded chicken tenderloins served with a side of ranch dressing. Served with one side and the vegetable of the day.

# ~ Seafood ~

# Low Country Boil

Tender white shrimp, smoked sausage, red potatoes, carrots, onions, celery and corn boiled with Old Bay seasoning.  $GF^*$ 

# Shrimp Fried Rice

Tender white shrimp, onions, peas, carrots and corn, stir fried with white rice, a scrambled egg and teriyaki sauce  $GF^*$ 

# **3** Grilled Salmon

Grilled salmon filet served with a baked potato and grilled vegetables.  $GF^*$ 

### Fried Fish Dinner

Batter dipped whitefish, fried and served with a side of tartar sauce. Served with one side and the vegetable of the day.

### **Butterfly Shrimp Dinner**

Lightly breaded butterfly shrimp, fried and served with a side of cocktail sauce.

Served with one side and the vegetable of the day.

# ~ Beef & Pork ~

# Shepherd's Pie

Ground beef mixed with onions, celery, carrots, peas and corn covered in seasoned brown gravy and topped with mashed potatoes.

# Teriyaki Pork & Pineapple

Tender cubes of pork and pineapple sauteed in teriyaki sauce and served with rice and grilled vegetables. GF\*

### Chicken Fried Steak

Beef, breaded and fried crisp then topped with a peppery country style gravy.

Served with one side and the vegetable of the day.

### Chopped Steak

Grilled beef patty. Served with sauteed mushrooms and onions upon request.

Served with one side and the vegetable of the day. GF\*

### Ribeye Steak

Lightly seasoned and grilled to your desired doneness. Served with one side and the vegetable of the day. GF\*

### Barbeque Pork Ribs

Slow cooked pork ribs covered in a sweet and tangy barbeque sauce. Served with one side and the vegetable of the day.  $GF^*$ 

### Sauteed Beef Tips

Tender beef tips sauteed with onions, green peppers and mushrooms.

Served with one side and the vegetable of the day. GF\*

# ~ Pizza & Pasta ~

# Rotini & Meatballs

Rotini pasta cooked al dente combined with meatballs and marinara sauce.

Served with the vegetable of the day.

### Pizza

Individual sized whole pizza with sauce, mozzarella and your choice of the following toppings: pepperoni, sausage, ham, mushrooms, onions, green peppers, black olives.

# ~ Breakfast ~

'Served All Day'

### Breakfast To Order

One or two eggs cooked over easy, medium, hard or scrambled, choice of bacon, ham or sausage with hashbrowns and toast or english muffin.

### Omelets To Order

Your choice of fillings: cheddar cheese, bacon, ham, sausage, green peppers, mushrooms, onions, with hashbrowns and toast or english muffin.

### French Toast Breakfast

Two slices of french toast, served with hashbrowns and your choice of bacon, ham or sausage.

### Pancakes Breakfast

Two pancakes plain, blueberry or chocolate chip, served with hashbrowns and your choice of bacon, ham or sausage.

# Biscuits and Gravy

Two buttermilk biscuits smothered in sausage gravy and served with a side of hashbrowns.

# **3** Breakfast Sandwich

A griddle fried egg and a low sodium sausage patty, on a toasted english muffin.

Served with hashbrowns.

# ~ Sides ~

French Fries, Mashed Potatoes, Hashbrowns, Baked Potato, Baked Sweet Potato, Rice or Onion Rings

# Bridges Better Living Menu Items GF\* = Gluten Free

Bridges Better Living Menu Items all follow the American Heart Association's standards for these measures: less than 700 calories, 26 grams of fat and 800 milligrams of sodium per meal and the American Diabetes Association's recommendation of less than 60 grams of carbohydrates per meal.

\*Consumer Advisory: Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, poultry or shellfish reduces the risk of foodbourne illness. Individuals with certain health conditions may be at higher risk if these foods are consummed raw or undercooked. Consult your physician or public health offical for further information.